



City of Waupaca
Parks and Recreation
2016 Summer Program Guide



407 School St.
Waupaca, WI 54981
www.waupacaparknrec.com

CONTENTS

Message from the Director	4
Closings, Elections & Holidays	6
Text Messaging & Facebook	7
Refunds	8
Seasonal Employment	9
ACTIVE Net	10
Movie in the Park	12
Waupaca's Local TV Station & Internet Service	13
A Special Thanks to our Board Members!	14
Be a Friend of Waupaca's Parks!	15
River Ridge Trail	16
Volunteer - RRT Work Day	16
Waupaca Way - PBIS	16
Youth Center	17
Rec Center Code of Conduct	18
Register with ACTIVE Net	19
Program Descriptions	20
Program Registration Deadlines	32
Facility Rental Information	43
Waupaca Parks and Recreation	45

River Ridge Trail	48
Waupaca Senior Center	50
Places of Interest	55
John Hatherly Mid Century Ride Waupaca	56
Waupaca Area Public Library	57
Fall O’Rama - 2016	58

MESSAGE FROM THE DIRECTOR

It seems almost surreal that we are about to enter another spring and summer season. We are once again thrilled to see everyone out enjoying some of the great assets in our community that our community members have helped create.

One thing we are looking forward to is an expansion on our partnership with the Waupaca School District. We are working with school administration to provide an afternoon program during summer school sessions that would provide an avenue for kids to have planned activities and supervision all day during each two week session. This program will include transportation from the WLC to the Rec Center after lunch is served and students are dismissed from their summer school activities. After meeting at the Rec Center, we will have staff that has planned activities for each of the 10 days that the student is enrolled. These activities may include going to South Park Beach, participating in a River Ridge Trail Clean-up Day, intergenerational activities with our Senior Center members or any number of activities that can be held within our Recreation Center. We see this as a great opportunity for the summer school students to expand their schedule into the afternoon with positive recreational activities while being supervised for a full day while some parents may be busy with their jobs.

With help from the Waupaca School District and the Waupaca Rotary Club we have been able to inject principles from the PBIS initiative into the Recreation Center. Our users will notice signage that reflects expectations that our users act in manners that are safe, responsible, respectful and prepared. This is an effort to move the Waupaca Way principles into the community. Our Youth Center Staff members have done a great job creating ways to reward the good actions of our users. We are excited to see this initiative develop and expand within the Rec Center.

As we move into the summer months, I would like to remind our community members of all the opportunities the Parks and Recreation Department has for part-time and full time seasonal positions. During our summer and spring months, we have over 60 seasonal positions that need to be filled. If you or someone you know is interested in seasonal employment please reach out to us. We will be more than happy to guide you towards a position that best fits your strengths and interests provided openings are available.

Last but not least, I would like to ask that all of our users please take the time to thank our supporters who make our programs and parks what they are. Be sure to reach out to that volunteer coach, activity instructor, youth board member or someone who may have supported our community in a monetary way. We are fortunate to have a beautiful park system, fantastic facilities, and quality programs because of those people who care enough to volunteer their time or money to constantly improve for the masses.

We look forward to seeing everyone throughout the 2016 summer and will work to make sure it's as enjoyable for you as it is for us.

-Aaron Jenson, Parks and Recreation Director

CITY OF WAUPACA PARKS & RECREATION DEPARTMENT

407 School St.
Waupaca, WI 54981

(P) (715) 258-4435
(F) (715) 258-4190

www.waupacaparknrec.com

parknrec@cityofwaupaca.org

ACTIVE Net will be open and available to the public by March 7, 2016. All users will be able to create an account and complete registrations, reservations and transactions at:

<https://apm.activecommunities.com/waupacaparknrec>

This address will also be linked to our website at
www.waupacaparknrec.com.

Office Hours: Monday – Friday 7:30 a.m. – 4:00 p.m.

CLOSINGS, ELECTIONS & HOLIDAYS

Announcements will be distributed via WDUX 92.7 FM, Facebook, Nixle Text Message Service and our website at:

<https://apm.activecommunities.com/waupacaparknrec>

www.waupacaparknrec.com.

The Recreation Center will be open on the weekend beginning-Saturday, November 5, 2016 from 1:00-6:00 p.m. and Sunday, November 6, 2016 from 1:00-5:00 p.m. through early spring.

The Recreation Center will be closed for the following dates:

Closed at 4:00 p.m. for Election Setup for these dates:

1. Monday, February 15, 2016
2. Monday, April 4, 2016
3. Monday, August 8, 2016
4. Monday, November 7, 2016

Holiday closings:

1. Good Friday- March 25 from 12:00-6:00 p.m.
 - a. Open from 6:00-11:00 p.m. for Youth Center.
2. Easter Sunday-March 27
3. Memorial Day-May 30
4. Independence Day-July 4
5. Labor Day-September 5

TEXT MESSAGING & FACEBOOK

Want to know the latest information and cancellations for the Parks and Recreation Department? Get it on your cell phone!

Send the following message: **WAUPARK** to **888777** to receive text messages. **Like us on Facebook!**

REGISTRATION FEES

Fees and charges are set by the Parks and Recreation Board and are approved by the City Council during the budget process. We have entered into youth recreational program agreements with area townships, making them equal members by taxing their residents to offset the costs of running youth programs.

MEMBER RESIDENTS LIVE IN:

- City of Waupaca
- Town of Dayton
- Town of Farmington
- Town of Waupaca

If you reside in these areas you pay the **Member Resident** fees in this guide. For all residents outside of these areas, you will be subject to the **Non-Member Resident** fee of \$98.00 for most Youth Programs.

REFUNDS

PROGRAM REFUNDS

If you need to cancel your registration, you must notify our office at 715-258-4435, no later than 5 days before the beginning of the program to receive a full refund. **There are no refunds due to inclement weather.**

PARK SHELTER RENTAL REFUNDS

If you need to cancel your park shelter rental, you must notify our office at 715-258-4435, no later than 7 days prior to the rental date to receive a full refund. **There are no refunds due to inclement weather.**

REC CENTER RENTAL REFUNDS

If you need to cancel your Rec Center rental, you must notify our office at 715-258-4435, no later than 1 month prior to the rental date to receive a full refund. After this time, **refunds will be made on a case by case basis.**

Renters will have the option to choose an alternate date if the Rec Center closes due to weather or an event.

SEASONAL EMPLOYMENT

A PDF fillable application is available online at <http://www.cityofwaupaca.org/parksnrec/employment-forms-2/> or stop by the Rec Center office to complete an application.

**One application per position. Minimum age of applicant is 14.*

The City of Waupaca Parks and Recreation Center is currently accepting applications for the following summer positions:

- Little League and Girls Softball Umpires
- Youth Umpire Coordinator
- T-ball Program Helpers
- Program Leaders
- Lifeguards
- Concession Attendants
- Parks Crew
- Scorekeepers: Men's Softball League

ACTIVE NET

Over the past 18 months, Parks and Recreation Staff have been exploring options for purchasing an online Parks and Recreation Software system. In July of 2015, we were introduced to a system called ACTIVE Net and in September of 2015 our department obtained approval for its purchase. Throughout our search we came across a number of other systems that were either too expensive or didn't meet the needs of our department. ACTIVE Net is a system that will meet our needs in regards to activity registrations, league scheduling, facility reservations, membership functions, and reporting while also being packaged as a much more affordable option than other systems.

ACTIVE Net has been in the Parks and Recreation Industry for 39 years and has over 47,000 customers processing 87 million transactions per year. There are currently over 1,100 communities across the county using this system including New London, City of Menasha, Little Chute, and De Pere.

WHAT WILL ACTIVE NET DO FOR OUR DEPARTMENT?

We estimate that we have well over 5,000 program registrations and facility reservations per year. These registrations and reservations are currently input manually into a staff built database that allows us to generate needed reports. Manually inputting this information is time consuming and allows for human errors and inconsistencies that may result in double facility bookings and insufficient communication with program participants. Our users will still have the ability to register for a program or reserve a facility in person at the Recreation Center. We do love seeing our customers on a day to day basis but for the convenience of those same customers we will be encouraging everyone to setup an online account. The City of New London implemented ACTIVE Net about 5 years ago and had 93% of their

activity registrations taken through a user account within the first two years.

Customers will enjoy the convenience of registering for any program or reserving any facility from their home, office, or anywhere a computer or mobile device is available. Coaches and instructors will be able to reserve their facility for practice or games at the click of a button as well as see up to date availability for their facility of interest. These are just a few of the processes that will be improved from a user standpoint.

ACTIVE Net will be open and available to the public by March 7, 2016. All users will be able to create an account and complete registrations, reservations and transactions at:

<https://apm.activecommunities.com/waupacaparknrec>

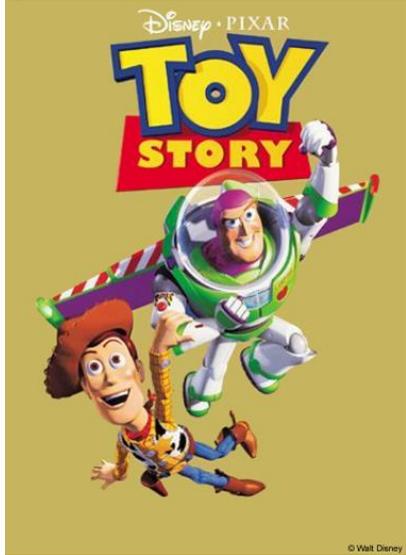
This address will also be linked to our website at
www.waupacaparknrec.com.

If you have any questions regarding **ACTIVE Net** there is a FAQ link at the bottom of the home page. You can also feel free to give the Rec Center a call at 715-258-4435 and our staff will help you through the process.

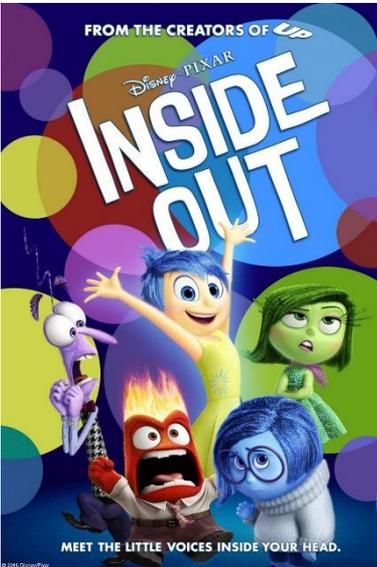
MOVIE IN THE PARK

The Waupaca Parks and Recreation is proud to continue with Movies in the Park. We will be showing two movies at South Park throughout the summer. These free family movies will be shown at dusk on the following dates.

Friday, June 3: Toy Story



Friday, August 12: Inside Out



WAUPACA'S LOCAL TV STATION & INTERNET SERVICE

Waupaca's Community Media Department

WILW FM 96.3 Waupaca Radio

*Community Events *Great Music
*Public Safety Information *Access to your Government
*Community Speakers & more...

What's Happening
Waupaca

Waupaca Information Network
Win TV

Charter Cable Channel 99 I
FM 96.3 **www.waupaca.tv**

Waupaca Free Wi-Fi

Free Wi-Fi service.

Areas served: Downtown Waupaca,
Rotary Riverview Park, Swan Park,
South Park, Rasmussen Park, Lakeman
Field & the Waupaca Recreation Center

**Just Connect to:
WaupacaFreeWiFi
No Password Needed**

Home & Business Internet Service

Sign up for the Waupaca areas **Official** Wireless Internet Provider

WaupacaOnline.net
Your Local, Wireless Internet Service
715.942.9919
www.waupacaonline.net

A SPECIAL THANKS TO OUR BOARD MEMBERS!

PARKS AND RECREATION BOARD MEMBERS

Ald. Eric Olson, Chairperson	2016
Pat Phair	2016
Dana Gustke	2017
Loren Fritz	2017
David Armstrong (Tn. Dayton)	2016
Kevin Will (Tn. Farmington)	2016
Jeanne Kaminske (Tn. Waupaca)	2016
John Kneer	2018
Ald. Dave Peterson	2016
Ian Vierck (Youth Rep.)	2016
Larkin Hooker-Moericke (Youth Rep.)	2016
Alana Radley (Alt. Youth Rep.)	2016
Mark Kilcoyne (2 nd Alt. Youth Rep.)	2016

SENIOR ADVISORY BOARD MEMBERS:

Judy Menge, Chairperson	2016
Gene Antoniewicz	2016
Dr. Chris Enslin	2016
Ron Rusch	2016
Nancy Geisen	2016
Flo Young	2016
Bob Tronsen	2016
Ald. Dave Peterson	2016

BE A FRIEND OF WAUPACA'S PARKS!

If you are looking to volunteer we are looking for you! The Friends of Waupaca Parks was formed in May of 2012 to assist the Parks and Recreation Department on improving Waupaca's beautiful park system and recreation opportunities including the River Ridge Trail system. In the fall of 2012, a group of 63 people worked together at Lambeau Field during eight regular season Green Bay Packer games to kick-off the fundraising efforts. Other fundraising efforts included running a youth baseball/softball tournament and bringing back Fall O Rama to the Waupaca area. The group continues to plan additional fundraisers toward future projects.

We would like to thank all of the volunteers over these past two years. Without the work of volunteers in groups such as the Friends of the Waupaca Parks, various youth and adult program volunteers, Friends of Mirror and Shadow Lake and many others, all that is provided would not be possible. We would like to thank the community of Waupaca for all the support we have been shown in this past year. Every bit of support is greatly appreciated.

If you are interested in volunteering or would like to be involved in the Friends of Waupaca Parks, please contact the Recreation Center office at 715-258-4435 or email aaronjenson@cityofwaupaca.org at any time.

Any monetary donation can be sent in the form of a check to:
Friends of Waupaca Parks | 407 School St | Waupaca WI 54981

If you wish to donate specifically to the River Ridge Trail or the Waupaca Senior Center please note your preference in the memo portion of your check.

BOARD MEMBERS

President: Russ Montgomery

Vice President: Jody Pankratz

Secretary: Jenny Ryan

Treasurer: Tamara Jacquet

RIVER RIDGE TRAIL

You can contribute to the ongoing existence of a quality trail system in the Waupaca area and keep the Fund growing, by making a donation, payable to:

**CFFVR/River Ridge Trail Fund
4455 W. Lawrence St.
Appleton, WI 54912**

Remember, your River Ridge Trail is open all year! Enjoy the trail all year long. There are always new and exciting things and people to meet on the trails. Thank you for your continued support of Waupaca's unique trail system.

VOLUNTEER - RRT WORK DAY

The River Ridge Trail Work Day is set for Saturday April 30, 2016 from 9:00 a.m.-12:00 p.m. at Swan Park. Lunch will be provided.

WAUPACA WAY – PBIS

What is PBIS? It stands for “Positive Behavior Interventions and Supports” and we want to support Waupaca Schools!

For more information, check out the school website at:

<http://www.waupaca.k12.wi.us/hs/pbiscometway.cfm>



YOUTH CENTER

Youth Coordinator, Sandy Abraham and her staff invite all youth to join us Friday and Saturday nights from 6 p.m. to 11 p.m. at the Rec Center.

The Youth Center is a safe place for our youth where they can enjoy playing pool, basketball, foosball, volleyball, badminton, pickleball and a number of other activities including the use of a computer lab. Staff has always recognized that kids just need a place to hang out.

Throughout the year, special events are held such as trivia night, craft projects and more. Adult supervision is provided but we ask that kids in 5th grade and under do not attend without a parent or guardian. Entrance to the Rec Center is \$1 per person during Youth Center hours.

The Rec Center is available upon request for hosting birthday parties or other youth related events. Contact the Rec Center office for details. We hope to see you soon!

OUR SUPPORTIVE STAFF!



Sandy Abraham



John Cross



Greg Wasrud



Bailey Abraham



Brianna Schaffer



Nancy Wasrud

REC CENTER CODE OF CONDUCT

Waupaca Recreation Center Code of Conduct

Violation of the following rules will result in a verbal warning:

1. Kissing, suggestive dancing or other inappropriate displays of affection are not allowed
2. Profanity, abusive and vulgar language is not allowed
3. Misuse of equipment will not be tolerated.
4. Loitering is not permitted in or outside the Waupaca Recreation Center.
5. No food or drink is allowed in the gyms.
6. Picking up after yourself is expected.

Violation of the following will result in suspension an immediate **SUSPENSION** from the facilities for 1 night:

1. Two warnings will result in suspension from the facilities.
2. Disrespectfulness towards staff or other members is not acceptable and will result in suspension and/or termination of the user privileges
3. Appropriate attire must be worn at all times. Vulgar language or images on clothing is not allowed.
4. Verbal abuse, fighting, and arguing are not acceptable and are considered inappropriate behavior.

Violation of the following will result in immediate **EXPULSION**:

1. Alcoholic beverages, smoking and the use of tobacco on the Waupaca Recreation Center property are strictly prohibited at all times.
2. Use or possession of illegal drugs or substances as well as drug paraphernalia is prohibited.
3. Possession of unauthorized firearms or other weapons is illegal and prohibited.
4. Removal or destruction of Waupaca Recreation Center property or the property of someone else without their prior consent constitutes theft of property.
5. Inappropriate use of cell phones is not permitted.
6. Harassment and bullying of any kind including verbal, physical or sexual is unlawful and prohibited.
7. Serious acts of misconduct are subject to permanent termination from the Waupaca Recreation Center.

REGISTER WITH ACTIVE NET

REGISTER ONLINE WITH ACTIVE NET

The advantage to creating your own family account in ACTIVE Net is once you have entered all of the required information and family members, you are done. No more repeating information on paper forms. To create your own account you will need an email address.

Customers will enjoy the convenience of registering for any program or reserving any facility from their home, office, or anywhere a computer or mobile device is available. Coaches and instructors will be able to reserve their facility for practice or games at the click of a button as well as see up to date availability for their facility of interest. These are just a few of the processes that will be improved from a user standpoint.

ONLINE PAYMENTS

ACTIVE Net will be open and available to the public by March 7, 2016. All users will be able to create an account and complete registrations, reservations and transactions at:

<https://apm.activecommunities.com/waupacaparknrec>

This address will also be linked to our website at

www.waupacaparknrec.com.

If you have any questions regarding **ACTIVE Net** there is a FAQ link at the bottom of the home page.

MEMBER RESIDENTS INCLUDE:

- City of Waupaca
- Town of Farmington
- Town of Dayton
- Town of Waupaca.

All Non-Member fees are \$98 per youth participant in Youth Programs unless otherwise noted in this guide.

A \$5 late fee will be added for all late registrations.

PROGRAM DESCRIPTIONS

YOUTH PROGRAM DESCRIPTIONS:

AFTER SUMMER SCHOOL ADVENTURE PROGRAM

This program will include transportation from the WLC to the Rec Center after lunch is served and students are dismissed from their **summer school activities in grades 3-8**. After meeting at the Rec Center, we will have staff that has planned activities for each of the 10 days that the student is enrolled. These activities may include going to South Park Beach, participating in a River Ridge Trail Clean-up Day, intergenerational activities with our Senior Center members or any number of activities that can be held within our Recreation Center. **The program is open to all students in grades 3-8.*



We see this as a great opportunity for the summer school students to expand their schedule into the afternoon with positive recreational activities while being supervised for a full day while some parents may be busy with their jobs.

AMERICAN LEGION BASEBALL

The American Legion Baseball team competes with Fox Valley teams and is for boys currently in grades 9-12. This is a traveling team with all home games at Lakemen field and is played in June and July. No tryouts will be held. Practices are held at various times during the week. A flexible schedule is helpful. This is the highest and most competitive level of youth baseball offered in the summer.

Registration and payment will be required through our website using ACTIVE Net. Completion of the Legion form and a copy of the participant's birth certificate and driver's license is required and should be turned in to the Rec Center office.

The Legion Coach is Mr. Ethan Dayton.

BABE RUTH BASEBALL 13U, 14U, 15U

Babe Ruth baseball is a 60 year old program that allows youth to play in a traveling, competitive baseball league. This league is part of the Fox Valley Babe Ruth League. To be included in the mandatory tryout process you must register PRIOR to the tryout date. Equipment needed for tryouts include a glove, tennis shoes and comfortable clothes. The Waupaca Youth Baseball Board will evaluate players based on batting, fielding and throwing.

Seventh grade players not making the team will have the option of playing in the Major League with grades 5-6.

Those who make the 13U Babe Ruth team but do not wish to play in that league will not be able to play in the Major League.

Tryouts are at the Waupaca High School Gymnasium. Practices and games are determined by the coach and league.

**There are no tryouts for 15U Babe Ruth.*

BOYS LITTLE LEAGUE

With help from Waupaca Youth Baseball, Boys Little League is a program for boys in grades 1-6. Each participant will have a chance to learn skills in practice settings as well as teamwork during games. Participants will learn to enjoy the game of baseball and how much fun it is. All participants will be placed on a team although everyone is required to go through the tryout process at the Rec Center. Please do not put too much pressure on your child to do well during tryouts. Participants should bring a glove and comfortable clothes to the tryout (bats are optional).

All practices, regular games and tournaments will be held at Swan Park. **A helmet is required.*

GIRLS YOUTH SOFTBALL

With help from Waupaca Youth Softball, Girls Youth Softball is a program for girls in grades 1-9. Each participant will have a chance to learn skills in practice settings as well as teamwork during games. Participants will learn to enjoy the game of softball and how much fun it is. All participants will be placed on a team although everyone is required to go through the tryout process at the Rec Center. Please do not put too much pressure on your child to do well during tryouts. Participants should bring a glove and comfortable clothes to the tryout (bats are optional).

All practices, regular games and tournaments will be held at Swan Park. **A helmet with facemask is required.*

GYMNASTICS



Tiffany Losinski is currently the manager and coach of all levels at Carousel Gymnastics, LLC. She has been involved in gymnastics since the age of 3 competing in the USA Gymnastics program. She spent one year training at an Olympic Training Center before competing for UW-Oshkosh. At Oshkosh, Tiffany became the NCGA National Balance Beam Champion in 1996 and was a 4-time All American. She has been a WIAC Champion in multiple events including the All-around as well as holding the school record on the balance beam. Tiffany is part of the WIAC All-time Gymnastics Team and was inducted into the UW-Oshkosh Hall of Fame in 2013.

www.carouselgymnastics.com

PARENT & TOT GYMNASTICS

Parent & Tot Gymnastics classes incorporate play and movement through music and a variety of fun filled activities while learning to interact with other children. Skills are taught through plan and independent exploration. **For 18 month - 2 year olds with a Parent.**

PRE-SCHOOL GYMNASTICS

Pre-School Gymnastics classes are designed to teach body awareness, eye-hand coordination, and rhythm along with gymnastics skills through the USAG program. Skills are taught through play and independent exploration. **For 3-5 year olds**

RECREATIONAL GYMNASTICS

Recreational Gymnastics classes are designed to teach skills following the progressions of the USAG program, including technique, form and dance through fun activities. **For 5 years old and up**

PLAYGROUND

The Waupaca Parks and Rec Playground Program is a 2 or 4 day structured program that lets children learn and have fun in a hands on approach. Cooking, sports, crafts and games are some of the themes that you will see throughout this unique program. Examples of projects include making s'mores, creating sand art, and park scavenger hunts. Playground Program trips include the bowling alley and a day trip to Bay Beach in Green Bay. Participants will enjoy playing games such as crochet, dribble, dribble, splash and an entertaining game of kickball. Most days this program meets at lower South Park, but the instructors will let you know if it is moved for a planned day.

SWIMMING LESSONS

The Waupaca Parks and Rec Swimming Lessons are led by instructors using the six-level Learn-to-Swim program provided by the American Red Cross. This program is designed for both children and adults to progress through the levels at their own pace. Emphasis is placed on mastering the skills in one level before advancing to the next. Each level of the Learn-to-Swim class includes training on basic water safety, helping others in an emergency and stroke development. Parents of 3+ year olds

should be available to accompany their child into the water, if needed, during lesson time. Both day and evening lesson times are available at South Park.

Levels offered are:

Parent and Child-Age 3

Preschool Aquatics Level 1-2; Age 4-5

The levels of the **Learn-to-Swim** program are: Age 6 and up

Level 1: Introduction to Water Skills

Level 2: Fundamental Aquatic Skills

Level 3: Stroke Development

Level 4: Stroke Improvement

Level 5: Stroke Refinement

Level 6: Swimming and Skill Proficiency

The Rec Center offers day or evening lessons. During the first registration period, you may register for Session I or Session II. If you choose Session I then at the end of Session I you sign up for Session II.

Junior Lifeguard Class Requirements:

The Junior Lifeguarding course does not certify participants in first aid, CPR or AED or as a lifeguard.

Participants must be 11 years of age who have completed grade 5 through 14 years of age. Participants must be able to:

- Swim the front crawl for 25 yards continuously while breathing to the front or side
- Swim the breast stroke for 25 yards using a pull, breathe, kick and glide sequence
- Tread water for 1 minute using arms and legs
- Float on back for 30 seconds or swimming on the back for 25 yards using the elementary backstroke or back crawl.
- Submerge and swim a distance of 10 feet under water.

Lifeguard Class Requirements:

Lifeguard classes will be offered as a blended class. Registered students will be given a link to the Red Cross website. The student will complete all bookwork online and bring the finished lesson to the instructor. The water training will be done at the beach Monday – Thursday from 1:00-3:00 p.m.

Participants must be 15 years old on or before July 30, 2016 and pass the pre-test which consists of:

- 550 yard swim – 2 strokes only. (Front crawl and breast stroke.
- Must be able to dive 10 feet and recover a 10# brick.
- Must be able to swim 15 yards under water and pick up 3 rings.)

Class includes Pro CPR, Disease Prevention and AED Training.

Water Safety Instruction is also offered on an as-needed basis. Please call if interested. Schedule and cost will be determined.

Lessons take place at South Park Beach where showers and changing area are provided. Swimming is permitted between the hours 7:00 a.m.–10:00 p.m., however when lifeguards are not on duty you may swim at your own risk.

****Staffed beach hours are 10 a.m. to 6 p.m.****



T-BALL

NEW and IMPROVED T-Ball program this year! Our newly made T-ball fields are located at the base of the Swan Park sledding hill. Each hour will now contain skill work and game play. The program will focus on the skills of baseball/softball and educating participants the rules of the game. Participation and fun will be emphasized throughout the program. This year will include both time for skill instruction as well as games. The program will use unique visual cues to help participants learn and remember important aspects of the game.

Participants will need to provide their own glove.

YOUTH SOCCER

With the help of the Waupaca Youth Soccer Association, Youth Soccer is a program for kids grades Kindergarten-8. This fun program helps kids learn teamwork and basic soccer skills through practices and game play. Team shirts are provided while participants must provide shin guards, socks to cover them and soccer shoes (baseball cleats are not allowed). WYSA will hold a shoe exchange with some shin guards and socks available the

The location of practices and games are yet to be determined and will be posted on this registration site as soon as we know. After June 10th, participants will have to call the Recreation Center at 715-258-4435 to be placed on a wait list. If a position becomes available we will contact you. A \$5 late registration fee will be applied.

OTHER YOUTH REC OPPORTUNITY/DESCRIPTIONS:

CHALLENGER SPORTS MINI KICKERS

Mini Kickers is an exciting program for children age 2-5, which focuses on key child developmental areas through the medium of

soccer. The goal is to improve each child's motor skills, while advancing their physical, psychological and social development. The emphasis of coaching is to give children versatile experiences of basic motor skills and combinations, while creating a fun and safe environment for children to interact.

Parents will see their young soccer stars with huge smiles on their faces as we use a combination of fun games and storytelling to teach the skills. This program is a great introduction for players to both your organization and the sport of soccer! Mini Kickers is run by former semi-pro British soccer players. Kids will not only get professional instruction but also a cultural experience!

For more information go to their website at
www.thechallengerway.com

To register, use the link below:

<https://challenger.mycustomevent.com/ShoppingCart.aspx?com=detailview&imp=f&iid=105035&&returncom=productlist>

THE WAUPACA CHILDREN'S GARDEN

The Waupaca Children's Garden program is for children ages 5-12 years. No gardening experience is required. The purpose of this program is to learn hands on gardening and enjoyment of outdoor activities. A minimum number of 15 and maximum of 25 participants are required for this program. The garden is located at Swan Park. Participation in this program is a commitment and does require attendance of at least 75% of the dates specified.

The Waupaca Children's Garden is sponsored by the Waupaca County Master Gardener Volunteers. If you have questions please call Kate Saunders at 715-258-0856.

**Dates are subject to change depending on the end of the school year. You will be contacted if the program dates change.*

CAMPS & CLINIC DESCRIPTIONS:

BASEBALL HITTING & PITCHING CAMP

This is the youth version of baseball spring training for grades 1-8 and helps get your child ready for practices and the regular season. Learn hitting techniques and drills to make you a successful hitter at any level from the Waupaca High School Varsity Baseball staff. The camp will be held at the Waupaca High School. Hitting and pitching camps are divided into grade levels.

BOYS BASKETBALL CAMP-RON WEBER

This is a 4-day camp held at the Recreation Center and is for all boys going into grades 4-9. All participants will receive direct instruction from Coach Weber as well as from members of the Waupaca High School Boys Basketball Team. All skill levels are welcome!

GIRLS BASKETBALL CAMP-WYBC

This 4-day camp is for all girls in grades 2-9 and at any skill level. All participants will receive direct instruction from Brad Bogard as well as from members of the Waupaca High School Girls Basketball Team.

Girls Basketball Camp will be held from June 13-16 at the Recreation Center and instructed by Coach Brad Bogard.

KIDS CHESS CAMP

Participants may sign up for BOTH camps if they like.

Beginner Chess Camp: Participants in this camp will learn basic chess skills, strategies and tactics. Basic fundamentals of chess will be taught including concepts such as controlling the center of the board, refining chess openings and building strong chess

endings. Chess can help develop a child's math and analytical skills.

Intermediate Chess Camp: Participants in this camp will learn basic pawn structures, building space and strength. Strong chess opening and endings will be reviewed and refined at this camp. Chess strategies and tactics will also be taught.

Both chess camps will utilize critical thinking skills. Chess can be fundamental in building a child's self-esteem and character. Members of the High School chess team will help teach the camp. Adult supervision will be provided.

ADULT PROGRAM DESCRIPTIONS:

ADULT TENNIS LESSONS

This is a program for those who have played tennis before but want to improve their skills. Advanced Beginner and Beginner classes will be held in the fall starting late August. If you are not sure which level to enter, the instructor will help you decide (Rick-715-570-5744). On May 18, there will be a lesson/organizational meeting where the students can work out an exact time and schedule with the instructor. Tennis balls and a limited amount of racquets will be supplied.

COED ADULT KICKBALL LEAGUE

This league will be a great opportunity to get out and have some fun! All teams will consist of at least 10 players aged 16+; each team must have a minimum of four (4) females. Teams may have an unlimited amount of people listed on the team roster. League play will consist of six (6) weeks of play. League rules will be mailed to each team manager before the season begins.

Bring back the fun of this childhood game at the beautiful Swan Park complex on a Sunday night. This league is open to an unlimited amount of players from outside the area.

Each game will be played at Swan Park and officiated by one kickball official.

MEN'S SOFTBALL LEAGUE

NEW Format! Season will be approximately 12 weeks long with an All-Star/Home Run Derby break in the middle. The All-Star game will be a mix of players from all teams. Team Aaron will go up against Team Andrew in the inaugural All-Star Game. The home run derby will be open to players on any active team roster. Rules and regulations will come out during the season.

The Waupaca Parks and Rec Men's Softball league is a competitive slow pitch league played at Swan Park softball complex. This Tuesday night league is split into A, B and C leagues depending on the number of teams signed up. This league is open and teams may have an unlimited amount of players, age 16 or older, from outside of the area. ASA approved bats only. Concessions are sold on each night of the season.

NOON HOUR REC BASKETBALL

The Waupaca Parks and Rec offers a pick up style basketball game on Monday, Wednesday and Fridays at the Waupaca Recreation Center. This free program is available from 11:00 a.m.–1:00 p.m. subject to closings and paid rentals. The games are played in the Augie Austin Gym and are open to anyone over the age of 16.

PICKLEBALL AND BADMINTON

The Waupaca Parks and Rec offers open rec time for pickleball players of all ages to enjoy the game of pickleball. Pickleball is a paddle sport that most closely resembles tennis but is played on a

badminton sized court. Indoor is played in the Blue Gym at the Waupaca Recreation Center.

Winter: Mondays from 12:00-3:00 p.m. and Thursdays from 1:00-3:30 p.m. at the Rec Center.

Summer: Pickleball will be played outdoors at the Waupaca High School courts on Mondays from 9:30 a.m.-12:00 p.m.

If you are interested in badminton or pickleball, please contact the Rec Center at 715-258-4435 between 7:30 a.m.-4:00 p.m. for scheduling or more information and we will do our best to get you in at a time that works for you. All equipment is available at the Rec Center.

Waupaca Rec Pickleball Group



Back Row L to R: Tom Vanden Boogaard, Dan Engel, Liz Fauske, Jerry Bohm, Bob Beebe, Randy Williams, Roy Hintz, Kim Russell, Dan Murton, Duane Krueger
Front Row L to R: Steve Boehlke, Sherri Boehlke, Kathy Williams, Bob Jozwowski, Jarrod Jacquard

PROGRAM REGISTRATION DEADLINES

ACTIVE Net will be open and available to the public by March 7, 2016. All users will be able to create an account and complete registrations, reservations and transactions at:

<https://apm.activecommunities.com/waupacaparknrec>

This address will also be linked to our website at www.waupacaparknrec.com.

If you have any questions regarding **ACTIVE Net** there is a FAQ link at the bottom of the home page.

***All Non-Member fees are \$98 per youth participant in Youth Programs unless otherwise noted.**

A \$5 late fee will be added for all late registrations.

YOUTH PROGRAM INFO:

REGISTER MARCH 7 – MARCH 25

BABE RUTH BASEBALL – 13U, 14U (AGES 13-14)

Cost: \$43

Mandatory Tryouts: Saturday, April 9 at the Waupaca High School.

- 13U from 4:00-5:30 p.m.
- 14U from 5:30-7:00 p.m.

BOYS LITTLE LEAGUE – GRADES 1-6

Cost: \$38 per Member Resident Participant

***A helmet is required.**

- **Tryouts are Thursday, April 7 | Grades 1-4**
 - 5:30 p.m. Grades 1 and Grades 3
 - 6:45 p.m. Grades 2 and Grades 4
- **Tryouts are Friday, April 8 | Grades 5-6**
 - 5:30 p.m. Grades 5
 - 6:30 p.m. Grades 6
- **Draft:** Wednesday, April 13.

- Coach will notify you after that date.
- **Practices:** Begins week of April 25
- **Opening Day and Uniform Handouts:** Saturday, May 14.
(Rain or shine)
- **Regular Games:** Monday, May 23
- **League Tourney:** Tuesday–Thursday, July 5-7

GIRLS YOUTH SOFTBALL – GRADES 1-9

Cost: \$38 per Member Resident Participant

****A helmet with facemask is required.***

***This year first grade girls are able to sign up for Girls Youth Softball.**

- **Tryouts are Tuesday, April 5 | Grades 1-6**
 - 5:30 p.m. Grades 1-3 (Junior League)
 - 6:45 p.m. Grades 4-6 (Minor League)
- **Draft:** Wednesday, April 13.
 - Coach will notify you after that date.
- **Practices:** Begins week of April 25
- **Opening Day and Uniform Handouts:** Thursday, May 19.
(Rain or shine)
- **Regular Games:** Monday, May 23
- **League Tourney:** Friday –Saturday, July 8-9

REGISTRATION MARCH 28 - MAY 13

AMERICAN LEGION BASEBALL – GRADES 9–12 AND UP TO 19 YEARS OLD

Cost: \$59 per Member Resident Participant

Registration and payment will be required through our website using ACTIVE Net. Completion of the Legion form and a copy of the participant’s birth certificate and driver’s license is required and should be turned in to the Rec Center office.

<https://apm.activecommunities.com/waupacaparknrec>

This is a travel team with home games played at Lakemen field.

BABE RUTH BASEBALL – 15U (AGES 15-16)

Cost: \$43 - No tryouts.



REGISTER MAY 16 – JUNE 3

GYMNASTICS-PRE-SCHOOL AND REC GYMNASTICS

Cost: \$59 per session or \$99 both sessions per participant

- ***\$10 USA Gymnastics Registration Fee is paid annually.**
- **Non-member fee does not apply to this program.*

WEDNESDAY CLASSES ONLY:

- Session A-Summer: 6 weeks (June 8 - July 13)
- Session B-Summer: 6 weeks (July 27 – August 31)

WEDNESDAY CLASSES

Pre-school Age 3-4	8 max	2:30-3:10 p.m.
Pre-school Age 4-5	8 max	3:15-3:55 p.m.
Recreational I Age 5-7	10 max	4:00-4:55 p.m.
Recreational I Age 8+ and Recreational II	10 max	5:00-5:55 p.m.

REGISTER APRIL 11 - JUNE 10

SWIMMING LESSONS – SESSION I OR SESSION II

- Parent and Child Age 3
- Preschool Aquatics Levels 1-2 (Age 4-5)
- Learn to Swim Levels 1-6 (Age 6 & Up)

Cost: \$ 20 per Participant attending Waupaca Schools

Cost: \$ 98 per Participant NOT attending Waupaca Schools

Cost: \$ 30 per Adult 18+ not in high school

Cost: \$ 40 per Member Resident Participant for Junior Lifeguard

Cost: \$ 95 per participant for CPR or Lifeguard Recertification

Cost: \$195 per participant in Lifeguard Training water sessions
\$ 25 per participant paid online at Red Cross website for Blended Learning online course at home.

SESSION 1 | JUNE 13 – JUNE 30

Classes are Monday through Thursday as listed below:

- **Choose from the following lesson times:**
 - 10:00-10:40 a.m.
 - 10:45-11:25 a.m.
 - 11:30 a.m.-12:10 p.m.
 - 12:15-12:55 p.m.
 - 4:30-5:10 p.m.
 - 5:15-5:55 p.m.
- **Choose from the following age groups:**
 - Parent and Child (Age 3)
 - Preschool Aquatics-Levels 1 & 2 (Age 4 & 5)
 - Learn to Swim-Levels 1 through 6 (Age 6 and up)
- **Adult (age 14 and up)**
 - **Choose Class:**
 - Learning Basics
 - Improving Skill & Strokes
 - **Choose Time:**
 - 10:00 a.m.
 - 5:15 p.m.

***Lifeguard and Junior Lifeguard requirements are listed in the description section of this guide.**

- Lifeguard Class (Age 15 and up)
 - 10:00 a.m.-1:00 p.m.
- Junior Lifeguard Class-30 Hours (Age 11 to 14)
 - 1:00-3:30 p.m.
- CPR or Lifeguard Re-certification
 - Call and arrange time and day with instructor

REGISTER APRIL 11 - JULY 8

SWIMMING LESSONS – SESSION II

- Parent and Child Age 3
- Preschool Aquatics Levels 1-2 (Age 4-5)
- Learn to Swim Levels 1-6 (Age 6 & Up)

Cost: \$ 20 per Participant attending Waupaca Schools

Cost: \$ 98 per Participant NOT attending Waupaca Schools

Cost: \$ 30 per Adult 18+ not in high school

Cost: \$ 40 per Member Resident Participant for Junior Lifeguard

Cost: \$ 95 per participant for CPR or Lifeguard Recertification

Cost: \$195 per participant in Lifeguard Training water sessions
\$ 25 per participant paid online at Red Cross website for
Blended Learning online course at home.

SESSION 2 | JULY 11 – JULY 28

Classes are Monday through Thursday as listed below:

- **Choose from the following lesson times:**
 - 10:00-10:40 a.m.
 - 10:45-11:25 a.m.
 - 11:30 a.m.-12:10 p.m.
 - 12:15-12:55 p.m.
 - 4:30-5:10 p.m.
 - 5:15-5:55 p.m.
- **Choose from the following age groups:**
 - Parent and Child (Age 3)
 - Preschool Aquatics-Levels 1 & 2 (Age 4 & 5)

- Learn to Swim-Levels 1 through 6 (Age 6 and up)
- **Adult (age 14 and up)**
 - **Choose Class:**
 - Learning Basics
 - Improving Skill & Strokes
 - **Choose Time:**
 - 10:00 a.m.
 - 5:15 p.m.

***Lifeguard and Junior Lifeguard requirements are listed in the description section of this guide.**

- Lifeguard Class (Age 15 and up)
 - 10:00 a.m.-1:00 p.m.
- Junior Lifeguard Class-30 Hours (Age 11 to 14)
 - 1:00-3:30 p.m.
- CPR or Lifeguard Re-certification
 - Call and arrange time and day with instructor

REGISTER MAY 2 - MAY 20

T-BALL | BOYS AND GIRLS AGE 5-KINDERGARTEN

Cost: \$32 per Member Resident Participant

The first night is Wednesday, June 1. Please meet at the T-Ball field to the right of the sled hill.

Last names beginning with A-M will meet at 5:00 p.m.

Last names beginning with N-Z will meet at 6:00 p.m.

The program will run from June 1-June 29 on Mondays and Wednesdays from 5:00-6:00 p.m. or 6:00-7:00 p.m. at Swan Park at the T-Ball field.

REGISTER MAY 9 - JUNE 3

AFTER SUMMER SCHOOL ADVENTURE PROGRAM - GRADES 3-8

Cost: \$40 per participant per session

- June Session
- August Session



Summer school participants will have the ability to be bussed from WLC to the Rec Center after lunch. **The program is available to all kids in grades 3-8.*

This program will run from 1:00-4:00 p.m. without transportation home. Parents will have to pick up their kids at the Rec Center at the programs end.

***For more information, see the description included in this guide.**

YOUTH SOCCER – GRADES KINDERGARTEN - 8

Cost: \$38 per Member Resident Participant

Divisions:

- U6 (Grade K-1)
- U8 (Grade 2-3)
- U10 (Grade 4-5)
- U13 (Grade 6-8)

There are two games each week on Monday – Thursday between 4:30-7:00 p.m. **Practice weeks will be held from July 5-7 and league play will run from July 11-August 18.**

Soccer Saturday will be held on August 20, 2016.

REGISTER MAY 31 - JUNE 24

PLAYGROUND PROGRAM - AGES 6-13

Cost: 2-Day \$32 per Member Resident Participant

4-Day \$48 per Member Resident Participant

***Must be age 6 by July 1, 2016.**

The program will run on Mondays–Thursdays, July 5–July 28 |
8:30–11:00 a.m.

OTHER REC OPPORTUNITY INFO:

REGISTER NOW THROUGH APRIL 22, 2015

CHALLENGER SPORTS MINI KICKERS PROGRAM – AGES 2-5

Cost: \$65.00 per participant (with soccer ball)
\$80.00 per participant (with uniform and soccer ball)

The program will be held at the Waupaca High School Practice Soccer Fields on King Road on **Fridays, from** April 22–May 27 at the following times:

- 10:00-11:00 a.m.

To register or for more information, go to their website at:
www.thechallengerway.com

To register, use the link below:

<https://challenger.mycustomevent.com/ShoppingCart.aspx?com=detailview&imp=f&iid=105035&&returncom=productlist>

REGISTER APRIL 4-MAY 6

WAUPACA CHILDREN’S GARDEN – AGES 5-12

***Non-member fee does not apply to Waupaca Children’s Garden.**

Cost: \$25 per participant; Scholarships available as needed.

*Registration forms are available at the Rec Center office.

June 8–August 24 at Swan Park from 9:00-10:30 a.m.

A **mandatory meeting** will be held on Saturday, May 21, 2016 from 1:00-3:00 p.m. in the lobby at the Waupaca Recreation Center.

No gardening experience is required. Each week includes a hands on lesson about gardening methods (taught by Master Gardener Volunteers) a fun activity and a snack.

Participation in this program is a commitment and does require attendance of at least 75% of the dates specified.

CHECKS ARE MADE PAYABLE TO:

Kate Saunders | N1800 Virginia Dr. | Waupaca, WI 54981
P: 715-258-0856

Please include:

- Child's name & payment
- Contact Info including: Contact person, e-mail and phone number

CAMPS & CLINIC INFO:

REGISTER MARCH 7-APRIL 1

WAUPACA YOUTH BASEBALL-HITTING CAMP & PITCHING CAMP

\$5 late fee will be applied for late registrations.

All hitting and pitching camps will be held on Sunday, April 10 at the Waupaca High School Gym as listed below.

Hitting Camps

- Grades 1-2: 12:00-1:00 p.m. | **\$15 per athlete**
- Grades 3-4: 1:00-2:15 p.m. | **\$20 per athlete**
- Grades 5-8: 4:00-5:15 p.m. | **\$20 per athlete**

Pitching Camps

- Grades 3-4: 2:15-3:30 p.m. | **\$20 per athlete**
- Grades 5-8: 5:15-6:30 p.m. | **\$20 per athlete**

NO REGISTRATION DEADLINE

WAUPACA BOYS BASKETBALL CAMP BOYS GRADES 4 – 9; RON WEBER

June 13–16

- Grades 7–9: 9:30 a.m.–12:00 p.m. | \$20 per athlete

June 20–23

- Grades 4–6: 9:30 a.m.–12:00 p.m. | \$20 per athlete

PLEASE MAKE CHECKS PAYABLE TO:

Ron Weber | 710 S Main St | Waupaca, WI 54981
(715) 258-2069

Please include with your payment:

- Player's Name
- Grade in Fall of 2016 and camp they will attend
- Contact Info including:
 - Address, Parent(s) E-mail & Phone number

WAUPACA GIRLS BASKETBALL CAMP GRADES 2 – 9

June 13–16

- Grades 5–9: 12:30–2:00 p.m. | \$30 per athlete
- Grades 2–5: 2:00–3:30 p.m. | \$30 per athlete

Camps for grades 2-9 will be held from June 13-16 at the Recreation Center and instructed by Coach Brad Bogard.

Registration forms are available at the Waupaca Rec Center:

- Please make checks payable to:
 - Waupaca Youth Basketball Club (WYBC)

REGISTER JUNE 13 – JULY 8

KIDS CHESS CAMP 2 – 8

Participants may sign up for BOTH camps if they like.

Both camps will be held Wednesday, July 13 at the Waupaca Rec Center.

- Beginner Camp: 11:00 a.m.-1:00 p.m. | **\$15 per participant**
- Intermediate Camp: 2:00-4:00 p.m. | **\$15 per participant**

***\$5 Late Fee will be applied after July 8**

ADULT PROGRAM INFO:

REGISTER MARCH 28 - MAY 6

MEN'S SOFTBALL LEAGUE

Cost: \$525 per team with completed Team Roster

Season Starts: May 17 with All Star week-June 28

League Night: Tuesday at Swan Park - **NO GAMES JULY 5, 2016**

REGISTER APRIL 11 - MAY 13

ADULT TENNIS LESSONS

Cost: \$60 for City resident (6 lessons)

\$70 for Non-city residents (6 lessons)

\$5 late fee will be applied for late registrations.

For intermediate adult tennis players who play but want to improve.

First lesson/meeting: May 18 at either 2:30 or 5:30 p.m.

Lessons at: Waupaca Middle School Tennis Courts

REGISTER JUNE 20-JULY 8

COED ADULT KICKBALL

Cost: \$150 per team with completed Team Roster

Games: July 17-August 21 (dependent on number of teams)

Game Time: 4:30-5:30 p.m. and 5:30-6:30 p.m.

League Night: Sundays at Swan Park

FACILITY RENTAL INFORMATION

You may reserve a Park Shelter every year on the first business day in January. Park Shelters are rented on a first come first served basis. Reservations are only completed when payment of the rental fee and deposit are received. The fee and deposit must be paid at the time of the facility reservation. Phone registrations will not be accepted. Please register at our website with ACTIVE Net at: <https://apm.activecommunities.com/waupacaparknrec>

PARK RENTALS

PARK SHELTER RENTAL FEES

City fee: Include all residents living within the city limits of the City of Waupaca. (Excludes residents in Waupaca County townships.)

Non-city fee: Includes all residents living in surrounding townships and other municipalities.

Shelters are available for rent from May 1 - September 30 each year.

SHELTERS	CITY FEE	NON-CITY FEE	DEPOSIT
Brainard's Bridge	\$ 60.00	\$ 80.00	\$ 80.00
Riverside	\$ 60.00	\$ 80.00	\$ 80.00
Rotary Riverview	\$ 50.00	\$ 80.00	\$ 80.00
South Park-UPPER	\$ 60.00	\$ 80.00	\$ 80.00
South Park-UPPER & Kitchen	\$ 80.00	\$100.00	\$ 80.00
South Park-LOWER	\$ 60.00	\$ 80.00	\$ 80.00

OPTIONAL FEES

Include optional fees with the rental fee payment.

- **Beer Permit: \$10**
- **Kitchen-South Park Upper: \$20**
- **Picnic Kit: \$20**



AVAILABLE FOR RENT 2016:

- Brainard's Bridge Park shelter: 711 Bailey Street
- Riverside Park shelter: 1600 Royalton Street
- Rotary Riverview Park shelter: 100 Cooper Street
- South Park - Upper shelter/patio: 921 S. Main Street
 - **Optional kitchen use. Higher fee applies.**
- South Park - Lower shelter: 921 S. Main Street

RECREATION CENTER RENTALS

*Anyone renting outside of open hours may do so if they are willing to pay an additional \$15 per hour to cover staffing.

\$10 PER HOUR TO RENT:

- **Lobby/Concession**
- **Exercise Room**
- **1/2-Augie Austin Gym**
- **1/2-Blue Gym**

\$20 PER HOUR:

- **FULL-Augie Austin Gym**
- **FULL-Blue Gym**

NO FEE:

- **Stage/Batting Cage**
- **Meeting Room**

WAUPACA PARKS AND RECREATION

BRAINARD'S BRIDGE PARK: 711 BAILEY ST

Located along the Waupaca River, much is kept in its natural splendor. This park has a shelter, electricity and water, restrooms, grills, playground and picnic area. This park is unique for its connecting iron bridges. This is an excellent photo



opportunity for weddings or portraits. This park also offers connection to the River Ridge Trail.

Shelters are available for rent from May 1 - September 30 each year.

BOWERSOX PARK: 490 LAKESIDE PKWY

Located on Shadow Lake Road, this park provides parking for fishermen, small picnic area, and is where the fireworks are set off from for 4th of July and other community events.

EAST GATE ECO PARK: 1534 WEBSTER WAY

This park is a 14.5 acre park that has been added to our park system with the help from CAP Services. CAP Services is currently fundraising and completing projects within the park including an open air picnic shelter, an education center with an emphasis on sustainability, a trail that will loop around the perimeter of the park, and an open green space area for recreation. Future plans include a natural amphitheater and natural playground equipment.

LAKEMEN FIELD: MICHIGAN ST.

Located just off of Royalton St. on Wells St., this park complex offers a batting cage, baseball fields and restrooms.

OZ NATURAL AREA: 1761 CONSTANCE RD.

Located at the intersection of County Highway K and Tower Road, the first section was donated towards the development of the River Ridge Trail. Natural wetland area preserved for educational and recreational uses.

JIM BOYER PARK: 502 GRANITE ST.

Located on the corner of Harrison St. and Granite St., it boasts a large two tiered floral display with walk through and park benches.



POEHLMAN PARK: 215 WILLARD ST.

Located on Willard St., this is a neighborhood style park which includes a small shelter, picnic area and playground with open space.

RASMUSSEN PARK: 129 WATER ST.

Located at the north end of Main St., this is an aesthetic park bursting with a colorful floral display, waterfall and permanent picnic table on top.

RIVERSIDE PARK: 1600 ROYALTON ST.

Located on the east side of town with an open play area, picnic areas, grills, horseshoe pits, shelter house, electricity, water, restrooms, sand volleyball court, playground and linkage to River Ridge Trail. This park offers canoe access to the Waupaca River.

Shelters are available for rent from May 1 - September 30 each year.

ROTARY RIVERVIEW PARK: 100 COOPER ST.

Located behind Main St. along the Waupaca River, this park offers a shelter, an open area, playground, picnic area and public stage area.

Shelters are available for rent from May 1 - September 30 each year.

SCHWENN LYONS PARK: 108 N DIVISION ST.

Located at the south end of N. Division St., this is a small neighborhood style park with a picnic area and playground.

SHAMBEAU PARK: 879 N OAK ST.

This park is located on the northeast side of town and includes a trail system that wraps around a beautiful quarry. This is a hidden gem within the City of Waupaca's park system.

SOUTH PARK: 921 S MAIN ST.

Located between Mirror and Shadow Lakes at the south end of Main St., the upper shelter is currently under construction. When finished, Upper South Park offers our largest shelter, grills, restrooms, electricity, water, playground, picnic area and access to beach with full supervision (includes diving dock and kiddy dock). The lower part offers a shelter, electricity, water, restrooms, grills and access to fishing dock

Shelters are available for rent from May 1 - September 30 each year.

SWAN PARK: 909 BRAINERDS DR.

Located on Brainerd Road, this 140 acre park contains 3 lit and 1 unlit baseball/softball fields, a shelter, bathrooms, concessions, large playground, trails, skateboard facility, 2 sand volleyball

courts, T-ball area, completed sled hill, two basketball courts and ample parking.

WASHINGTON ST. PARK: 420 N WASHINGTON ST.

Located at the end of North Washington St. Washington Park includes two picnic tables and acts as the west bookend of the Challenge the Outdoors Trail along the Waupaca River.

RIVER RIDGE NATURAL AREA

River Ridge Natural Area is located east of Waupaca. Parking for trail access is across from Fox Valley Technical College on Godfrey Drive. The trail winds down a steep ravine and along the Waupaca River. There is also canoe access to the River on the east side of Hwy 22-54. This section of the River Ridge Trail has minimal improvements but is worth the trip to visit.

WAUPACA RECREATION CENTER: 407 SCHOOL ST.

The Rec Center was formerly owned by the Waupaca School District. It was purchased and remodeled in 2004. There are two full sized gyms, large exercise/meeting room, several small meeting rooms, locker rooms with showers and a computer lab in the lower level. The Senior Center is located in the lower level and senior activities are held throughout the building. Gyms are available to rent for parties and special events. The building is also used for community events, Youth Center activities and offers open recreation hours for the public, adult and youth programs.

RIVER RIDGE TRAIL

The River Ridge Trail is part of a plan to preserve urban natural areas or “green space” in a non-motorized trail system that winds throughout the Waupaca area. The first trail segment, a scenic loop of 1.6 miles, opened in fall of 1996. Since then, new off road trail segments have been added each year to total over 11 miles within the city limits. A street route of about 12 miles is also

designated with River Ridge Trail signs to connect these off road sections. Bikes are allowed only on limestone or blacktopped surfaces.

The trail lies in the tension zone between Wisconsin's northern and southern regions, an area of unique biological diversity. By linking parks and other public and private lands, community and its visitors be able to enjoy the wealth natural features for years to come.



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The Waupaca Tree Advisory Committee has developed the trail with support from the City of Waupaca, Waupaca County, WCC, Rawhide, local businesses, organizations and numerous individuals. Support has come in many ways, from generous land easements, to donated labor, materials, equipment, expertise and funds.

Though great progress has been made River Ridge Trail is a work in progress and its future depends on the continued support of the community. For information on volunteer opportunities call (715) 258-4435. A map of the River Ridge Trail is available online at our website: <http://www.cityofwaupaca.org/parksnrec/wp-content/uploads/sites/3/2014/05/River-Ridge-Trail-Map-July2015.pdf>

Tax deductible donations can be directed to:

- Waupaca County Natural Resources Foundation, Inc./River Ridge Trail | 407 School St. | Waupaca, WI 54981

WAUPACA SENIOR CENTER

Sara Reybrock, Senior Center Coordinator
Waupaca Senior Center



407 School St.
Waupaca WI 54981
(715) 258-4437

www.waupacaparknrec.com and we're on Facebook too!

Hours: 8:30 a.m.-3:30 p.m.

Open Monday-Thursday and Fridays from 8:30 a.m. – noon.

We are the **'blue door with the blue awning'** entrance on State St.

We are a gathering place for older adults who are young at heart!
Welcome.

MEMBERSHIP

There is a \$15 membership fee per year for City of Waupaca residents and Township of Farmington and Dayton (Farmington and Dayton pay the \$5 difference). All other townships or non-city residents is \$20. Memberships are available at the Senior Center office. People ages 55+ are eligible.

WITH MEMBERSHIP:

1. The monthly newsletter will be sent to your home.
2. As a member you may invite 1 guest per trip year at the same cost as members. If you are NOT a member or guest \$5 will be added to the price of each trip.
3. Most classes are offered free to members.
4. As a member, you may utilize the entire Waupaca Rec/Senior Center.
5. Membership assures you belong to a very valuable asset and organization in Waupaca where you have opportunities for wellness, socialization, education, recreation, fitness & food.

MISSION STATEMENT OF THE WAUPACA SENIOR CENTER

To provide older adults opportunities for continued independence to maintain an active, productive, and dignified life.

VISION

Our vision is to be an indispensable asset to seniors and the Waupaca community.

WAUPACA SENIOR CENTER VALUES

A high quality of life for seniors, and believes that Center experiences contribute to that goal.

Community, and prioritizes effective partnerships with various community entities. We believe these partnerships result in experiences that enhances both seniors and community.

Staff. Provision of a well-qualified, motivated staff is imperative for ensuring that the Center fulfills its mission. Excellence, by being the provider of choice for seniors in enrichment and social experiences.

ACCREDITATION

The Waupaca Senior Center achieved the honor of being an accredited Senior Center in the state of Wisconsin by the Wisconsin Association of Senior Center in May 2011. The State and National Standards, as established by the National Council on Aging and the National Institute of Senior Centers are used as the criteria. The Center now joins the prestigious ranks for excellence in programming and recognizes the Waupaca Senior Center's achievements in their dedication to serving older persons and their needs in the best way possible.



AVAILABLE PROGRAMS

ADDITIONAL INFORMATION

1. Punch Cards are available for \$20.00.
2. *All classes are subject to change with availability of instructors.
3. *ALL classes are available to MEMBERS of Waupaca Senior Center.
4. (Free per agreement w/HFH thru 12-31-16):
**Classes available to members of HFH (Health & Fitness Headquarters) include:
 - Hooping
 - Arthritis Foundation Exercise class
 - Cardio or 50+ Zumba & Line Dance.
**Classes available to members of the Senior Center with HFH (Health & Fitness Headquarters):
 - Silver Sneakers
 - Fit Class (Red Machine Circuit Class)
 - Chair Yoga

EXERCISE PROGRAMS – FREE WITH MEMBERSHIP

- ****50+ Zumba:** Certified instructors.
 - 4:30 p.m. on Mondays and Wednesdays
 - 9:30 a.m. on Wednesdays
 - 9:00 a.m. on Fridays
- ****Arthritis Foundation Exercise Program:** Led by Certified instructors. Class may include a variety of exercises including range of motion, balance, cardio, strengthening, & relaxation.
 - 9:00 a.m. on Tues and Thurs
- ***Yoga**
 - 10:00 am on Mondays
- ****Line Dancing:** Time slot may also be used for Qi Gong, Stability Ball, Hooping OR instructor's choice. Winter through Spring
 - 10:00 a.m. on Tues-Fall through Spring
- ****Walking Group:** Walk in the gyms. Weather permitting walking is outside.
 - 9:00 a.m. on Mon, Wed and Thurs

- ***Chair Yoga**
 - 3:30 p.m. on Mondays

EXERCISE PROGRAMS- WITH PUNCH CARD

- ***Qi Gong:** Slow fluid movements that stretch & strengthen, in a deep breathing, meditative state of mind.
 - 10:00 a.m. on Tuesdays and Thursdays
- ***Tai Chi:** Certified instructor leads Sun style Tai Chi.
 - 11 a.m. on Mondays and Wednesdays

EXERCISE PROGRAMS- WITH ADDITIONAL FEE

- ***Strong Seniors-**\$20 for 12 weeks: Regimented strength training class led by certified instructors.
 - 12:30 p.m. on Mon and Wed-Fall and Winter

OTHER PROGRAMS- NO ADDITIONAL FEES

- **AARP Tax Aid:**
 - Feb & March annually
- **Computer Class**
 - Tues and Thurs- 11:00 Beginners 1:00 Intermediate
Wed: 11-2 Open Lab
- **Blood Pressure, Blood Sugar & Nail Clinic (sponsored by Crossroads Care Center):**
 - 10:00 a.m. on first and third Thurs each month
 - Please make appointment ahead of time by calling the center.
- **Book Club:**
 - 10:00 a.m. on the fourth Wed each month
- **Caregivers Support Group: Facilitated by Bethany**
 - 1:30 p.m. on second Wed each month
- **Caring for You: ThedaCare at Home & Crossroads Care Center**
 - During the nail clinic on the third Thursday of the month
- **Joni Kearns Educational/Financial Wisdom**
 - 10:00 a.m. on third Wed each month
- **Lunch Bunch:**
 - 11:30 a.m. pm the second Wed each month

- *Each person is responsible for their own lunch.*
- **Memory Café:**
 - 2:00 p.m. the third Thursday of the Month
- **Shuffleboard:** No evenings in winter
 - 9:00 a.m. Tuesdays and Thursdays (March-December)

OTHER PROGRAMS- WITH ADDITIONAL FEE

- **Day Trips:** Fees vary per trip
 - March-November
- **Extended Trips:** Fees vary per trip.
 - Two per year offered
- **Fabulous Healthy Foods: \$5**
 - 1:00 p.m. on the second Thurs each month
- **Pool League: \$10 Fall League/\$1 Mini Pool Tourney (Non-League)**
 - 12:30 p.m. on Mon—open pool is free daily
- **Wii Bowling: \$1**
 - 9:30 a.m. on Fridays (Seasonal)
- **Sheepshead Card Party: \$1**
 - Tues 12:45 p.m.

EVIDENCE BASED PROGRAMS FOR 2016

MAASCH ROOM, THEDACARE

- **HEALTHY LIVING WITH DIABETES**
Tuesdays, February 23-March 29: 1:00 pm - 3:30 pm
- **LIVING WELL WITH CHRONIC CONDITIONS:**
Thursdays, April 7-May 12: 9:00 a.m.-11:30 a.m.
- **STEPPING ON:**
Tuesdays, April 12-May 24: 9:00 a.m.-11:00 a.m.
- **POWERFUL TOOLS FOR CAREGIVERS**
Wednesdays, April 27-June 1: 5:30 p.m.-7:00 p.m.

PLACES OF INTEREST

CITY HALL /PUBLIC LIBRARY

In the center of downtown Waupaca, is the City Hall/Library building. River Ridge Trail Maps and brochures for Historic Walking tours are available at the Waupaca Recreation Center Parks and Recreation Office at 407 School St. and the Waupaca Area Chamber of Commerce.

GRASS LAKE TRAIL: .3 MI.

Another segment is found behind the Torborg's Lumber complex on Smith St. Here a crushed limestone path skirts Grass Lake, a glacially formed kettle lake, and its wetlands, teeming with birds and wildlife.

SHAMBEAU HILL: 1.6 MI.

Located on the northeast part of the city, this off-road trail was the first completed segment in the trail system. It winds through remnant prairie atop a picturesque ridge, hardwood forest of 150 yr. old white oak, marshland and stands of black locust and pine with scenic views. This section also allows access to the OZ Natural Area.

WAUPACA HIGH SCHOOL TRAIL: 2 MI.

This is a paved path that parallels Lakeside Parkway to Highway 10 and then to the High School along Highway 22. The Trail allows safe walking and biking to the High School and a mile long wood chipped nature trail.



JOHN HATHERLY MID CENTURY RIDE WAUPACA

**SUNDAY, AUGUST 21, 2016
WAUPACA HIGH SCHOOL**

Distances include, 12, 20, 50, 62, 70, and 100 miles that begin and end at Waupaca High School. Two well stocked rest stops will be provided. *HELMETS ARE REQUIRED.

Thanks to many corporate sponsorships, this charity ride has



donated over \$150,000 in scholarships to Waupaca High School Seniors

For more information and to register go to:

www.321goevents.com

WAUPACA AREA PUBLIC LIBRARY



This year our library will be helping every member of your family find new ways to be active. Get ready to focus on:

- Fitness
- Healthy Lifestyles
- Self-improvement
- Learning
- Exploration
- Wellness
- Food!

You will be rewarded with great new books!

Library Programs This Spring and Summer

Lego Club – Maker Spaces – Cooking Demonstrations – Kite Building
Geocaching – Nature Photography – Story Walks – Outdoor Family Movie Night
Interactive Family Movie – Stuffed Animal Sleepover – Olympic Fun – Story Time – Babygarten
And more!

Exhibit Room Activities for June and July

Coding Corner – Where Does Your Food Come From? – Label Lingo
Food Samples - Wii Fitness – Selfie Station – Women in Sports



Mark Your Calendars!

April 9 – Family Canvas Paint Day & April 14 - Wine & Canvas for Adults
June 9 – Cardinal Skippers Jump Rope Team Demonstration (2:30pm Rec Center)
June 29 – Polka Party (6:30pm front lawn)
July 21 – Xanadu, Jr. by Community Children’s Theater (TBA)

Waupaca Area Public Library
107 S. Main St., Waupaca, WI
Call us at 715.258.4414

Open

Monday through Thursday 9:00am-8:00pm
Friday 9:00am-5:00pm
Saturday 10:00am-2:00pm

Check our website for calendar of events
www.waupacalibrary.org



Fall O'Rama 2016

September 17
South Park

**Register by August 26
and 10x10 booths are
\$45 or 2 for \$80**

-After August 26, 2016
all booths are \$60!
(Electricity not available)

www.waupacaparknrec.com