

# Lifesavers



## Preventive health screenings save lives.

Each year, potentially preventable chronic diseases are responsible for millions of deaths among Americans.

If everyone in the United States received recommended clinical preventive care, we could save over **100,000 lives a year.**

## Are you up-to-date on your preventive screenings?

Talk to your *Health Care Provider* about which screenings you should schedule. Take time for these ***Lifesavers***:

Mammogram & pap test - women

Blood pressure check

Colonoscopy

PSA test - men

Glucose - Diabetes

Cholesterol - LDL & HDL



**ThedaCare**<sup>TM</sup>