



Health and Fitness
Headquarters



The City of Waupaca and Health and Fitness Headquarters are teaming up to bring free single memberships for all FULL-TIME Employees!

- **Both the HWY 22 and downtown locations available**
- **Stop by during staffed hours to get your membership started**
- **Email Andrew Whitman with any questions you may have: awhitman@cityofwaupaca.org**

**Informational session
HFH North (next to REC)
February 2nd @ 4:30pm**

HWY. 22 Location Downtown Location

N2610 State Rd. 22
Waupaca, WI 54981
715.256.1459

415 School St.
Waupaca, WI 54981
715.258.9203

**OPEN 4am - 12am
7 Days/ week**

**Staffed Hours
Mon.-Thurs: 9am-6pm
Fri: 9am-1pm
Sat: 7am-12pm**

**OPEN 24 Hours
7 Days/week**

**Staffed Hours
Mon.-Thurs: 6am-3pm
Fri: 6am-10am
Sat: 7am-12pm**