

**CITY OF WAUPACA
SENIOR CENTER ADVISORY BOARD MEETING**

REGULAR MEETING

TUESDAY, OCTOBER 15, 2019

WAUPACA SENIOR CENTER CRAFT ROOM

8:00 A.M.

1. CALL TO ORDER

2. PLEDGE OF ALLEGIANCE

3. ROLL CALL

Present: Gene Antoniewicz, Chairperson, Bob Tronsen, Roy Luellen, Ald. Dave Peterson, Betty Stewart, Dr. Chris Enslin and Joanne Rasmussen

Absent: Joan Bretwisch and Diane Baker

Others Present: Sara Reybrock, Senior Coordinator, Parks and Recreation Director Andrew Whitman, Helen Halverson and Sue Wunderlich

4. APPROVAL OF AGENDA

MOVED by Dr. Chris Enslin, **SECONDED** by Ald. Dave Peterson to **APPROVE** the Agenda as presented. 7 ayes, 0 nays, 2 absent. **MOTION CARRIED ON A VOICE VOTE.**

5. APPROVAL OF MINUTES – JULY 16, 2019 MEETING

MOVED by Ms. Rasmussen **SECONDED** by Ms. Stewart to **APPROVE** the Minutes from the July 16, 2019 meeting. 7 ayes, 0 nays, 2 absent. **MOTION CARRIED ON A VOICE VOTE.**

6. OLD BUSINESS:

- a. **Membership/Usage** – no discussion
- b. **Fundraisers/Donations** – no discussion
- c. **Grants: PALS** – Ms. Reybrock said that the Senior Center received a \$1,000 grant for PALS, which is an acronym for Physical Activity for Lifelong Learning. There are twelve members enrolled, which is the maximum that are allowed per class, and the PALS class will continue at the Senior Center two times per year every year. The PALS program is for individuals that are not involved in any type of exercise program, runs for 10 weeks, 3 days per week with a life-coaching lesson on one of the days, and includes a 6-month follow-up.

- d. **Review Terms/Officers** – The current officer terms were discussed.
- e. **Other/Nail Clinic** – There are two people providing nail clinic services every Thursday for the Senior Center and the service is for donations only.

7. NEW BUSINESS:

- a. **New Vision Statement** – Ms. Reybrock said that at the Wisconsin Association for Senior Centers (WASC) Conference she learned that the vision statement is the ultimate goal of the Senior Center. After reviewing the current Senior Center Vision Statement, she felt it was time to update it. Ms. Reybrock suggested the following “Our vision is to be an indispensable asset to individuals 55 years and older in the area of wellness education and recreation”. With the following Mission Statement “To provide evidence based programs, opportunities for educational and social growth and promote activities to encourage independence to maintain an active and healthy lifestyle.”
- b. **Membership** – Currently at 655 members with a goal of 700 members. The average per month is 857 members swiping in while visiting the Senior Center.
- c. **Donation Fund** – Approximately \$14,500 in the donation fund. As a fundraiser, there are new Script Cards available for sale to use at Culver’s, Piggly Wiggly, Three Squares Restaurant, Fleet Farm, Subway and possibly Kwik Trip.
- d. **Ideas for 2020** – Ms. Reybrock provided dates for fundraisers for 2020 such as the Auction on April 24, a Rummage Sale on June 4 -5, a Brat Fry on July 2 and possibly another Fall Dance in September. There was discussion on selling memorial bricks for under the swing. The Senior Center has received donations from the Mary Boksa and the Dorothy Ostrowski estates. There are also T-shirts that will be sold as a fundraiser. Ms. Reybrock said the Senior Center Accreditation book will need to be updated and she will add it to the next meeting agenda. Parks and Recreation Director Andrew Whitman informed the board about the Fund 80 program that he has been working with the School District to implement. The next meeting will be held on Tuesday January 21, 2020 at 8:00 a.m.

Transcriptionist Note: Much of the recording was inaudible, due to the fact that the recorder was not placed in a central location to pick up all of the voices and discussions.

8. ADJOURNMENT

MOVED by Ald. Peterson, **SECONDED** by Ms. Rasmussen to **ADJOURN** the October 15, 2019 Waupaca Senior Center Advisory Board Meeting. 7 ayes, 0 nays, 2 absent. **MOTION CARRIED ON A VOICE VOTE.**

Meeting adjourned at 8:50 a.m.

Senior Center Advisory Board

October 15, 2019

Gene Antoniewicz, Chairperson

Waupaca Senior Center Advisory Board

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